



The Ministry of Health (OHIP) approves genetic testing for families that meet certain criteria. The genetic counsellor may tell you that you are not eligible for genetic testing. If so, the genetic counsellor will still discuss your chances of getting cancer and ways to reduce your risks.

## What is involved in genetic testing?

Most of the time, genetic testing involves a blood test. The blood samples are sent to a lab and it takes up to 3 to 4 months before we know the results. Some genetic tests may be done on body tissue that has been previously removed during surgery.

## What if I have a gene mutation that increases my cancer risk?

Try not to worry, the genetic counsellor will:

- discuss your feelings about being tested
- discuss the pros and cons of finding out this information
- provide you with information and support
- provide you with ways to lower your chances of getting cancer

## How can I find out more about genetic counselling?

Contact the Cancer Risk Assessment Clinic to be connected to a genetic counsellor. No question is too simple to ask. **Please contact us at 905-521-2100, ext. 64636** and follow the instructions on the phone system accordingly.



**Referrals can be sent to – Fax: 905-575-6316**

## JCC Patient and Family Resource Centre

Located in the main lobby of the Juravinski Cancer Centre (JCC) next to the main entrance, the Patient and Family Resource Centre can provide you with accurate, up-to-date resources. There is a full service lending library as well as information about local support organizations, programs and services for individuals with cancer and their families. Our qualified staff is available to search for specific literature to answer your questions and help you navigate the patient education materials available on our website.

Phone: 905-521-2100, ext. 65109

Email: [jccpfrcentre@hhsc.ca](mailto:jccpfrcentre@hhsc.ca)

Website: [www.jcc.hhsc.ca](http://www.jcc.hhsc.ca)